

## Warrington Regatta 2017

# Racing in 8 Steps



1. Register and collect numbers at the Registration Desk (1).
2. Check your equipment.  
*Bow ball – 7 cm heel restraints – Cox's lifejacket – Number – Weather protection*
3. Go around the back of the boathouse to the Control Commission (2).
4. To reach the start;
  - a. Boat with bows pointing away from the bridge.
  - b. Row down the navigation lane on the clubhouse side.  
*Take care not to impede the racing lanes.*
  - c. Follow marshal's instructions to marshal downstream of the start.
5. Race.  
*Follow the buoys not the banks*
6. After finishing row up through the bridge. Spin and return to the landing stage through the arch closest to the clubhouse.  
*Only spin once upstream of the buoys and clear of the bridge*
7. Return to the trailer park by going straight up the slope by the launch jetty.
8. Collect any prizes and present BR membership cards at the Registration Desk (1).

