



CODE OF CONDUCT FOR CHILDREN AND YOUNG PEOPLE

Created by Warrington Rowing Club and NSPCC Child Protection in Sport

Note: Where we refer to 'parents' we mean parents and carers inclusively. The term 'children' or 'child' describes any person under the age of 18.

AS A YOUNG PERSON TAKING PART IN OUR CLUB, WE'D LIKE YOU TO FOLLOW THIS GUIDANCE TO MAKE SURE YOU ARE ABLE TO PARTICIPATE IN ROWING SAFELY

The essentials

- ✓ Keep yourself safe by listening to your coach, behaving responsibly and speak out when something isn't right.
- ✓ When you are with us, stay in places where you're supposed to, don't wander off or leave without telling your coach.
- ✓ Take care of our equipment and premises as if they were your own.
- ✓ Make it to sessions on time and if you are running late, let someone know.
- ✓ Bring the right kit to sessions and wear appropriate kit for the weather. You may need dry clothes for after the session. Hi Viz outer layer must be worn at all times
- ✓ Do not smoke or consume alcohol on our premises, during practices, competitions or when representing us.
- ✓ Long hair must be tied up, preferably in a bun.

Behaviour

- ✓ Respect and celebrate difference in our club and not discriminate against anyone else on the grounds of gender, race, sexual orientation or ability.
- ✓ Report any incidents of bullying, including homophobia and transphobia to your coaches or welfare officer, even if you are just a witness.
- ✓ Treat other young people with respect and appreciate that everyone has different levels of skill and talent.
- ✓ Make our club a welcoming and friendly place to be.
- ✓ Support and encourage squad mates, tell them when they have done well and be there for them when they are struggling.
- ✓ Respect our coaches and volunteers
- ✓ Be a good sport, celebrate when we win and be gracious when we lose.
- ✓ Abide by the rules and have fun.
- ✓ Follow our online safety and internet policies
- ✓ Get involved in club decisions, it's your sport too.

- ✓ Always use appropriate and respectful language.

AS A YOUNG PERSON TAKING PART, WE UNDERSTAND YOU HAVE THE RIGHT TO:

- ✓ Enjoy the time that you spend at the club and know that you are safe.
- ✓ Be told who you can talk to if something is not right
- ✓ Be listened to
- ✓ Be included
- ✓ Be involved and contribute towards decisions in the club
- ✓ Be respected by us and other club members and treated fairly
- ✓ Feel welcomed, valued and not judged based on your race, gender, sexuality or ability.
- ✓ Be encouraged to develop your skills with our help
- ✓ Be looked after if there is an accident or injury and have your parents informed if needed.

We expect all young people to follow behaviours and requests set out in this code. If any young person behaves in a way which contradicts any of the points set out above, we will address the problem straight away with parents involvement and aim to resolve the issue.

Continued issues and repeated breaches of this code may result in us regrettably asking you to leave the session of club permanently, for the welfare of other young people and our coaches and volunteers. This is something we never want to do.

Signature of young person:
Signature of parent:
Date: